

## Life Domains

People lead whole lives made up of specific, connected, and integrated life domains that are important to a good quality of life. Our lives as everyday citizens are complex and multi-faceted. What happens in one area of our life (for example, in our job) affects another (our family or housing situation). It is important to recognize the interconnectedness of everyday life so we can work to make our whole lives as complete and fulfilling as possible.

Each PCISP life domain has a unique purpose that should provide the reader with a written picture of what is currently happening, what the individual's vision for a preferred life is for that area, and what the IST is doing to support the individual to move closer to living their preferred life.



**Daily Life and Employment:** What a person does as part of everyday life – school, employment, volunteering, communication, routines, and life skills.



**Community Living:** Where and how someone lives – housing and living options, community access, transportation, home adaptation and modification.



**Safety and Security:** Staying safe and secure – finances, emergencies, well-being, decision making supports, legal rights and issues.



**Healthy Living:** Managing and accessing health care and staying well – medical, mental health, behavior, developmental, wellness and nutrition.



**Social and Spirituality:** Building friendships and relationships, leisure activities, personal networks and faith community.



**Citizenship and Advocacy:** Building valued roles, making choices, setting goals, assuming responsibility and driving how one's own life is lived.

**Other Areas of Importance:** To be utilized in those rare situations when what the individual desires does not fit into one of the life domains listed above.

## Life Domain Sections

Within the life domains are identical questions that are to be answered based on the domain and the desires of the individual for that area of life. Below is an overview of these sections, including a brief description of each section's purpose. Appendix A includes more detailed guidance and helpful hints that may aid the Case Manager through the PCISP process. It is offered as a guide or prompt for team discussions and to gather information relevant to the PCISP. The prompts should not be used as a "checklist" of questions that must be addressed.

Each of these sections provides critical information that enables the team to support the individual in identifying their vision for a good life within each domain and what can be accomplished in the next year in support of that vision. Before reviewing the section descriptions, here are a few examples of the outcomes this information should yield.